



# MAY 2023 OAKOASIS COUNTY PRESERVE 12620 WILDCAT CANYON ROAD, LAKESIDE (619) 561-0580 | HOURS: 8 A.M. TO SUNSET, DAILY

## ABOUT THE PARK

Oak Oasis County Preserve boasts nearly 400 acres of chaparral, manzanita and oak woodlands, including a reservation-only youth camping area. A 3-mile loop trail is well marked as part of the future Trans-County Trail system, which is planned to go all the way from Torrey Pines State Reserve to Anza-Borrego Desert. Explore the trail, hills, woods, freshly planted trees, wildflowers and sweeping views of the mountains to the Pacific Ocean. Restrooms and parking are available.



Across the street (Wildcat Canyon) sits 2,619-acre El Capitan County Preserve, offering over 12 miles (round trip) of rugged, steep trails through woodland, coastal sage scrub and mixed chaparral habitats. At the top, hikers are treated to views of three reservoirs along with a panoramic perspective of San Diego. This trail contains rocky and slippery terrain; poles or hiking sticks are recommended. This preserve is home to the biannual Warrior Hike Challenge, taking place May 27 - details in the right column.



## MEET A RANGER

### OLIVER CAMERON, PARK RANGER:

Park Ranger Oliver Cameron has been with the County of San Diego Department of Parks and Recreation (DPR) for 12 years. His journey began with his work at Urban Corps where he led park restorations after the 2007 and 2003 wildfires. A region manager recruited him to join DPR, and he's since shared his expertise at 4S Ranch Sports Complex, San Elijo Lagoon and Ecological Reserve, Dos Picos County Park, and Lous A. Stelzer County Park where he's stationed now, supporting Oak Oasis and El Capitan County Preserves. Stop by to see him, Wednesdays through Saturdays!

*"I can be as nice as nice - and as kind as kind - can be. With me, it's a hundred percent altruistic! I love nature, plants, wildlife, dogs, and most of all, people."*



Hi, I'm Oliver!

**LEARN MORE ABOUT THE SERIES:**  
[SDPARKS.ORG/EXPERIENCEOUTDOORS](http://SDPARKS.ORG/EXPERIENCEOUTDOORS)

**MEDIA AND SPONSOR INQUIRIES:**  
[JESSICA.GEISZLER@SDCOUNTY.CA.GOV](mailto:JESSICA.GEISZLER@SDCOUNTY.CA.GOV)

## EVENT CALENDAR

### MAY 6, 10 A.M. - 12 P.M. WILDFLOWER HIKE

Stop and smell the wildflowers on this 3-mile loop trail experience in the hills of upper Lakeside. See seasonal lilac blooms and other native species on a well-traveled path that also offers shade from majestic oaks and panoramic views of a reservoir. Responsible photography will also be covered.

### MAY 13, 7:30 - 9 P.M. STAR PARTY + TWILIGHT HIKE

Join us for an optional twilight hike as we search for bats and scorpions before meeting in the parking lot where San Diego Astronomy Association will set up giant telescopes for public viewing. See stellar phenomena like never before. Bring a flashlight. Inclement weather and clouds will cancel the stargazing but not the hike - call ahead.

### MAY 20, 9 - 10 A.M. RUN WITH A RANGER

Grab comfortable shoes and tie your laces tight for a fun run along the loop trail at the Preserve! Ranger Kyle will lead the experience. Participants can travel at their preferred pace. Get a great workout in nature to start your day off right. Meet in the parking lot.

### MAY 27, 7 A.M. - 4 P.M. FIELD TRIP TO EL CAPITAN COUNTY PRESERVE (ACROSS THE STREET) + WARRIOR HIKE CHALLENGE

Join us for our Memorial Day weekend Warrior Hike Challenge event in which we tackle the toughest hike in San Diego by breaking it into three heats, with celebration stations along the way. Hike 2, 6 or 12 miles - the distance is up to you! Help us honor the active duty and retired military personnel who frequent the trail and project the physical and mental and stamina it takes to achieve warrior status. Park at the Oak Oasis parking lot and cross to El Capitan through the secret horse tunnel!

## THIS PROGRAM BROUGHT TO YOU BY:



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SAN DIEGO

The County of San Diego Department of Parks and Recreation maintains 23 regional parks across the region. The Rad Regional Parks series shines a light on these properties, and the diverse amenities, services and programs they offer. This series is part of the County's overarching Experience the Outdoors Program to encourage more people to spend quality time outside; breaking down barriers to visitation through inclusive and equitable participation practices.