



HIKE-A-THON MEET-UP EVENTS

In an effort to encourage more people to spend quality time outside – wherever and whenever they can – the County of San Diego Department of Parks and Recreation is partnering with Nature Unplugged to host ranger-led hikes during their October 2024 Hike-a-Thon.

Registrants who are part of this event can log miles to collect prizes and earn matched gifts toward charitable, nature-based wellness services. Inspiration to go the extra mile comes in the form of four educational walk-and-talk adventures. Join us! Events are free and open to hikers of all ages.

Saturday, Oct. 5 | 9 a.m.

HELLHOLE CANYON COUNTY PRESERVE

19324 Santee Lane, Valley Center, CA 92082
(760) 742-1631

Spanning 1,907 acres, Hellhole Canyon County Preserve offers 13.5 miles of moderate-to-advanced trail opportunities. We won't travel the whole course, but we will explore some of the interesting vegetation and history this unique preserve has to offer. The main trail descends from the staging area to the riparian zone along Hell Creek. Along the creek bed, hikers will find a reprieve from the sun under mature Sycamore and oak trees. The trails beyond Hell Creek can be more challenging as rise out of the creek bed into a chaparral environment, and continue up Rodriguez Mountain.

Saturday, Oct. 12 | 9 a.m.

SAN ELIJO LAGOON ECOLOGICAL RESERVE

[Meet at the San Elijo Activity Hub Park]
2550 Via Poco, Cardiff/Encinitas, CA 92007
(760) 634-3026

Whether you are a runner, hiker, birder, photographer or painter, San Elijo Lagoon provides natural solace and recreation. One of San Diego's largest wetlands, this 979-acre reserve is primarily a shallow-water estuary, formed where the Escondido and La Orilla Creeks meet the Pacific Ocean. This hike will explore some of the interior trails where you'll view recent path upgrades and extensions and witness the effects of larger restoration efforts.

Hikes are free and open to guests of all ages. Registration is not required. Guests are encouraged to plan appropriately with good footwear, sun protection and plenty of water and snacks.

Learn more at natureunplugged.com
and visit sdparcs.org

Saturday, Oct. 19 | 9 a.m.

OAKOASIS COUNTY PRESERVE

12620 Wildcat Canyon Road, Lakeside, CA 92040
(619) 561-0580

Ideal for hikers of all ages, Oakoasis Preserve boasts nearly 400 acres of chaparral, manzanita, and woodlands. A 2.5-mile loop trail is well marked and will take explorers through grove of majestic centuries-old oaks, to a rocky outcrop hilltop with views of the San Vicente Reservoir, along thick brush and grassy valleys where new trees have been planted and back up a switchback to the parking lot.

Saturday, Oct. 26 | 9 a.m.

VOLCAN MOUNTAIN COUNTY PRESERVE

1209 Farmer Road at Wynola Road, Julian, CA 92036
(760) 765-4098, (760) 814-0208

Volcan Mountain Wilderness Preserve offers approximately 2,900 acres of mixed conifer forest. Hike to the summit along an access road and the 5 Oaks Trail for spectacular, breezy views from the desert where the Salton Sea lies to the Pacific coast. This roughly 5-mile round-trip hike is considered moderately-difficult, with some steep inclines. Park on Farmer Road and head to the Hubbell Gate.



SIGN
UP
TODAY:



LEARN
ABOUT
THE
HIKES:

