

# GREEN FRIDAY

## Thanksgiving Weekend | Nov. 29 - Dec. 1, 2024

Join the County of San Diego Department of Parks and Recreation beginning Friday, Nov. 29 for Green Friday – a celebration of all-things-parks at County facilities across the region. Thanksgiving weekend is the perfect time to experience the outdoors in new ways while friends and family are in town.

We're hosting an exciting mix of activities, from educational programs and 'Story Trails' to ranger-led hikes and bike rides. Volunteer park beautification and tree planting events provide more ways to have fun while giving back and getting your hands dirty.



### WILD EXPERIENCES AND WORKSHOPS

#### Early Bird Opportunities Sunday, Nov. 24

##### TRAIL TREK

9 – 11:30 a.m.

Wilderness Gardens County Preserve, 760-742-1631

A behind-the-scenes trail adventure awaits you on this 4.5-mile trek through Wilderness Gardens, designed to take you to all of its exhilarating vistas. Photographers and bird watchers, be prepared to capture the dramatic landscape and more than 40 bird species. Get a close look at the path of the San Luis Rey and view beautiful Palomar Mountain and Pauma Valley.

##### PEDALS AT THE PRESERVE

10 – 11 a.m.

Ramona Grasslands County Preserve, 760-788-3326

Hop on your bike for a wheeled adventure with Ranger Doug! He'll lead the 3-mile tour, sharing information about the preserve, its history and the wildlife that abounds. This event is open to riders of all ages with their own mountain bikes or Class 1 or 2 ebikes.

#### Green Friday Opportunities Friday, Nov. 29

##### BOOT CAMP WITH MISSION: FIT

9 – 10 a.m.

Pioneer Park, 1521 Washington St., San Diego, CA 92103

Certified trainers with Mission: Fit will be ready with goals, guidelines and fitness equipment... Will you be ready to work off those holiday weekend calories? The capacity for this class is 25 so reserve your spot and plan to take advantage of this free public workout in a city park! Register: 619-301-3505; info@missionfitsandiego.com.

##### ACORNS 101

10 – 11:30 a.m.

Ramona Grasslands County Preserve, 760-788-3326

Learn about the mighty oak, different types of trees and the acorns they produce. You'll find out how to pick good acorns, prepare them for planting, and grow your own tree. We'll have pots available for everyone to take a tree home!



BOOT CAMP  
SIGN-UP!

### STROLLABLE STORY TRAILS

Kids can practice their reading skills in nature, thanks to a special Story Trails series we've coordinated with the San Diego County Library. View pages of books on signs that are posted on family-friendly walking paths – in both English and Spanish! Story Trails will be available during park hours from Nov. 29 to Dec. 1.

#### PARTICIPATING PARKS:

- Adams County Park, 28751 Cole Grade Rd, Valley Center, 92082
- Agua Caliente County Park, 39555 Great Southern Overland Stage Route of 1849, Julian, 92036
- El Monte County Park, 15805 El Monte Road, Lakeside, 92040
- Flinn Springs County Park, 14787 Olde Hwy. 80, El Cajon, 92021
- Lake Morena County Park, 2550 Lake Morena Drive, Campo, 91906
- Lincoln Acres County Park, 2717 Granger Avenue, National City, 91950
- Live Oak County Park, 2746 Reche Road, Fallbrook, 92028
- Otay Lakes County Park, 2270 Wueste Road, Chula Vista, 91915
- Pine Valley County Park, 28810 Old Highway 80, Pine Valley, 91962
- Potrero County Park, 24800 Potrero Park Drive, Potrero, 91963



### PARK-SAVVY STEWARDSHIP EVENTS

We're hosting cleanup events and planting trees and native vegetation in County Parks. These efforts strengthen native habitats, support local wildlife, and keep parks beautiful for generations to come. Families are welcome and all supplies will be provided. RSVP for addresses, details and to secure your spot at [sdparks.org/volunteer](https://sdparks.org/volunteer).

#### FRIDAY, NOV. 29

- 8 a.m. Habitat Restoration, Louis A. Stelzer County Park
- 9 a.m. Tree Planting, Dos Picos County Park
- 9 a.m. Tree Planting, Felicita County Park
- 9 a.m. Tree Planting, Lindo Lake County Park
- 9 a.m. Tree Planting, Potrero County Park
- 10 a.m. Tree Planting, San Elijo Lagoon Ecological Reserve
- 10 a.m. Tree Planting, Sycamore Canyon/ Goodan Ranch County Preserve

#### SATURDAY, NOV. 30

- 8 a.m. Habitat Restoration, Louis A. Stelzer County Park
- 9 a.m. Tree Planting, Live Oak County Park

#### SUNDAY, DEC. 1

- 8 a.m. Habitat Restoration, Louis A. Stelzer County Park



SCAN TO  
VOLUNTEER!



For more info: [sdparks.org/greenfriday](https://sdparks.org/greenfriday)